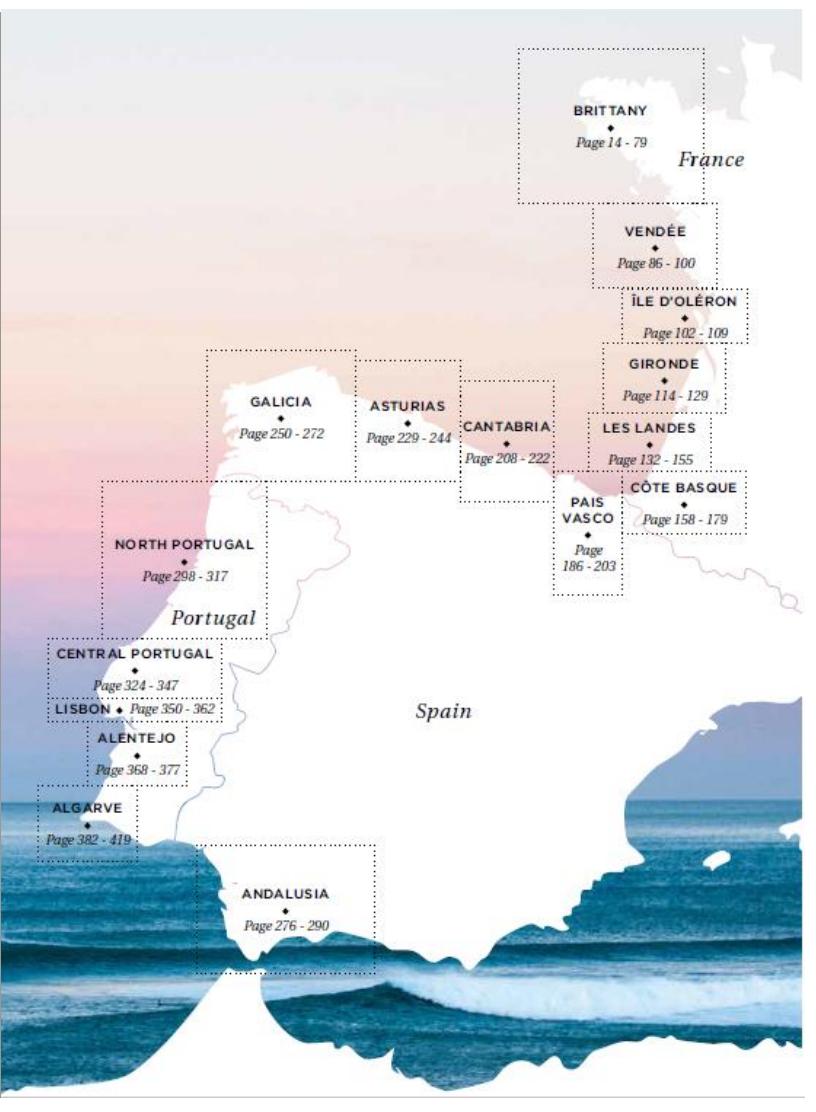
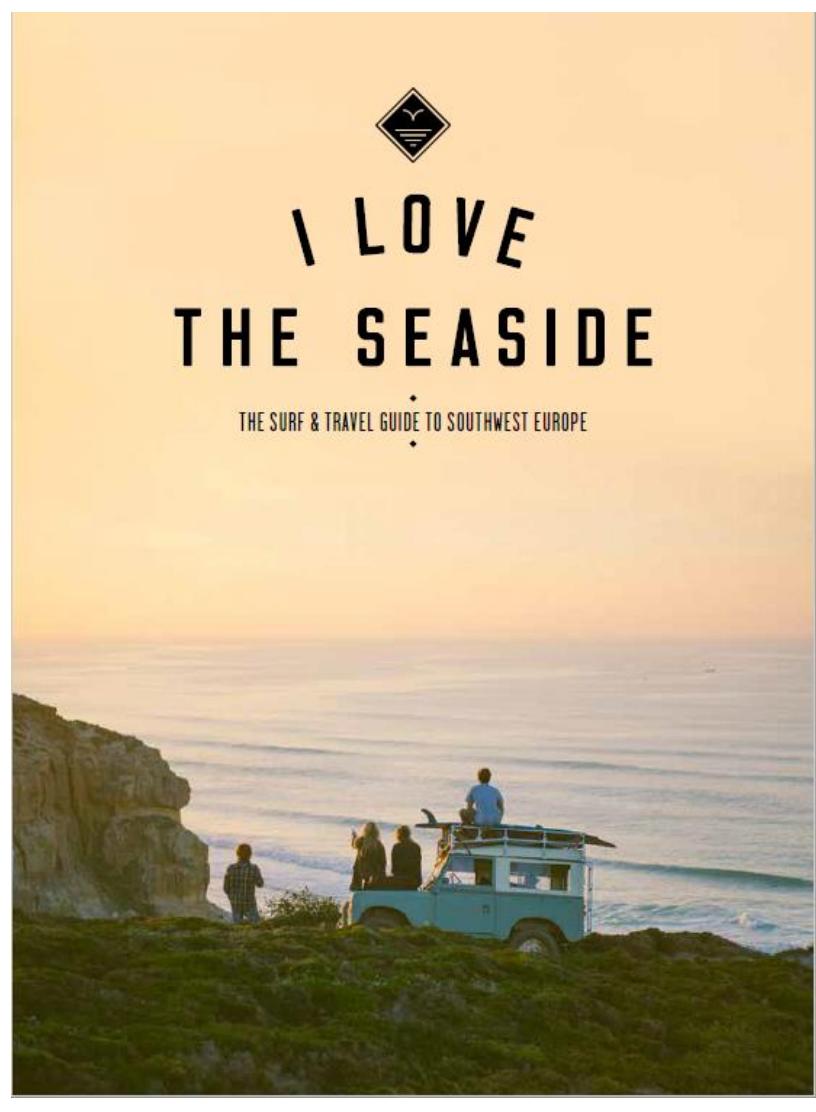




\ LOVE THE SEASIDE

THE SURF & TRAVEL GUIDE TO SOUTHWEST EUROPE





CONTENTS

11 - 179 • FRANCE

14 - 79 • BRITTANY

20 - 37 • NORTH FINISTÈRE

In and around: Roscoff, Cléder & Surf

In and around: Abers, Le Conquet, Brest & Surf

38 - 45 • CROZON

In and around: Crozon and Morgat, Camaret-sur-Mer & Surf

46 - 70 • SOUTH FINISTÈRE

In and around: Douarnenez, Audierne & Surf

In and around: Penhors, Pointe de la Torche & Surf

In and around: Quimper

72 - 79 • QUIBERON

In and around: Quiberon & Surf

86 - 100 • VENDÉE

In and around: Saint-Gilles-Croix-de-Vie

Les Sables-d'Olonne, Tranche-sur-Mer & Surf

102 - 109 • ÎLE D'OLERON

In and around: Île d'Oléron & Surf

114 - 129 • GIRONDE

In and around: Soulac-sur-Mer, Lacanau Océan,

Andernos, Arcachon Bay & Surf

132 - 155 • LES LANDES

In and around: Biscarrosse, Mimizan,

Vieux-Boucau-les-Bains & Surf

In and around: Hossegor & Surf

158 - 179 • CÔTE BASQUE

In and around: Bayonne, Biarritz, Saint-Jean-de-Luz & Surf

SPAIN • 185 - 290

PAÍS VASCO • 186 - 203

In and around: San Sebastián, Mundaka, Sopelana & Surf

CANTABRIA • 208 - 222

In and around: Laredo, Somo, Liencres,

San Vicente de la Barquera & Surf

ASTURIAS • 229 - 244

In and around: Ribadesella, Gijón, Salinas & Surf

NORTH GALICIA • 250 - 259

In and around: Estaca de Bares, Valdoviño & Surf

WEST GALICIA • 262 - 272

In and around: A Coruña, Pontevedra & Surf

ANDALUSIA • 276 - 290

In and around: El Palmar & Surf

PORTUGAL • 297 - 419

NORTH PORTUGAL • 298 - 317

In and around: Viana do Castelo, Porto & Surf

In and around: Figueira da Foz & Surf

CENTRAL PORTUGAL • 324 - 347

In and around: Peniche & Surf

In and around: Ericeira & Surf

LISBON • 350 - 362

In and around: Sintra, Lisbon & Surf

ALENTEJO • 368 - 377

In and around: Porto Covo, Vila Nova de Milfontes & Surf

ALGARVE • 382 - 419

In and around: Odemarde, Aljezur, Carrapateira & Surf

In and around: Sagres, Vila do Bispo, Lagos & Surf





based on children, and then grandchildren. Open all year. +€+.

- a. Rua Paul Brandão,
2820-009 Ilha da Baleal
t. +351 2 62 769 200
w. cataladamares1.com

Surf Atlantic (30) is a spacious private house, perfect for families or groups of friends. Sleeps up to 8 people, and is situated in a quiet street near the beach of Baleal. Storage for boards, sunny terrace with hot tub, and all the comforts you might need on your holiday. You can either book a room or the whole house. +€+ +€+.

- a. Travessa Da Cruz Das Almas 26,
2820-000 Baleal
t. +351 9 16 566 097 / 9 11 849 260
w. surf-atlantic.com



rooms, or a whole house (sleeping 6 to 8). Open all year. +€+.

- a. Rua Camilo José Sócrates 27,
2840-069 Estoril
t. +351 9 26 806 203
w. theminimalhouse.pt

Set a little inland, between green vineyards and the sea, find **The Minimal House** (31), an ever so stylish stay, run by the ever so stylish local Francisco Cipriano.



A few km south of Peniche, **Silver Coast** (32) offers 3 fully equipped apartments (4 to 6 persons) with communal use of roof terrace, garden and swimming pool. Available all year, also for long stay. +€+ +€+.

- a. 58 Rua El-Rei Dom Dinis,
2525-127 Gerádias
t. +351 9 13 127 167 / 2 62 769 188
w. silvercoast-apartments.com

The family property where he grew up carries his memories of a happy childhood. Sharing the beauty of the land, sea and surroundings, a stay here will make you feel at home easily. Divided into two houses, rent either private

I LOVE THE SEASIDE

WHY TAKE THIS GUIDE ON YOUR JOURNEY?

Surfing and travelling: I Love the Seaside offers the best of both worlds, and a little more. For this guide we explored surf meccas in France, Spain and Portugal, extensively. From the well-known beaches of the Algarve and the Basque country to lesser-known, friendly surf areas like Galicia, Andalusia and Brittany.

Of course, you can check where and when to surf, for all levels, but we aim for much more than that, by giving you a good sense of the backdrop, the scenery and the atmosphere. Our guide points out the best places to hang out, to do some funky shopping, or other activities; like horse riding, yoga, hiking, biking, visiting a spa or getting a good massage. We guide you to the nicest seaside accommodations and coolest places to eat or enjoy a sunset beer, all to suit your budget.

AND THERE'S MORE!

Read our little snippets of info and some short stories about interesting local people.

Learn yoga tips and tricks to help improve your surfing, and overall health, fitness and well-being.

Get knowledgeable about local foods, and some delicious local recipes.

The I Love The Seaside Surf and Travel guide aims to inform, entertain and give a good read, all in one.

You like THIS guide? Check out our other guides for more seaside destinations!

We're here to inspire, so you can go and explore.

www.ilovetheseaside.com

ISBN 978 90 808 078 2



9 789082 507973